



# SCHOOL-YEAR GYMNASTICS

## July 31, 2017 - May 21, 2018

Gymnastics Classes for Young Children  
[www.kidsbodyshop.com](http://www.kidsbodyshop.com)

1217-19 North Monroe, Papillion, NE 68046  
 TEL: 402.339.4009

NEW REGISTRATIONS WILL BE ACCEPTED AT ANY TIME, SPACE PERMITTING

"-----" Indicates that level/class is full. "\*" Indicates we are currently taking a waiting list.

MON.	TUES.	WED.	THURS.	FRI.	SAT.
9:30 * TT	9:15 FA	9:15 TT	9:15 TT/CY		9:05 FA
10:30 TT	10:15 TT	10:30 FA			10:00 TT/CY
					11:00 TT/CY
					11:30 BB
					1:15 DN
	4:00 TT/CY	4:00 TT/CY	4:00 BB		
	5:00 DN	5:00 CY	5:00 TT	5:00 TT/CY	
6:10 FA	6:00 TT	6:00 DN	6:00 TT/CY	6:00 TT	
7:05 TT/CY	7:00 TT/CY	7:10 FA	7:00 TT/CY		

Regular Monthly Fees	SAVE \$\$\$ Discounted <u>payments received by the 24<sup>th</sup></u> of the month for the upcoming month.		
	1 mo. pmt.	2 mo. pmt.	3 mo. pmt.
FA-\$56	\$54	\$106	\$156
TT/CY/DN-\$62	\$60	\$118	\$174
BB-\$85	\$83	\$164	\$243

A 2<sup>nd</sup> child and subsequent children also in gymnastics classes receive a \$5/student discount/month. Family discounts do not apply if you have one child swimming and one in gymnastics. Tuition for less than a full month does not qualify for the family discount.

YOU & ME KID SWIM – WEDNESDAYS, 10:45 AM-12:15 PM  
 OPEN GYM - THURSDAYS & FRIDAYS 10:30 AM-12:00 PM  
 FAMILY FUN NIGHT - FRIDAYS, 7:30-9:00PM(8/18 & 9/08 THRU 5/11)  
 VISIT OUR WEBSITE FOR DATES, PRICING, HOLIDAY CLOSINGS & RESTRICTIONS

**FRACTIONS-IN-ACTION (FA) - 18-36 mos.; 40 min. - \$56/Month:** This program is directed at toddlers who come into our gym with Mom or Dad for fun-filled activities each week. This time is designed especially for you and your child. All siblings must view class from our lobby area (with the exception of an infant in a carrier or infant seat).

**CHILDREN MUST BE FULLY POTTY-TRAINED TO ENTER THE FOLLOWING CLASSES:**

**TINY TWISTERS (TT) - 3 & 4 yrs.; 55 min. - \$62/Month:** Students meet once a week for 55 minutes. The class is designed to introduce young gymnasts to stretching and aerobic exercises, the safe use of all gymnastics equipment and the fundamentals of basic gymnastics skills. These children are taught flexibility and motor skills. Since they are mixed classes of both boys and girls, they will be exposed to all the various apparatus in the gym. **If you have a child turning 5 years old before October 2017, please register for a Cyclone class.** Students will earn skill ribbons.

**CYCLONES (CY) - 5 yrs.-Kindergarten, 55 min. - \$62/Month:** Cyclones meet once a week for 55 minutes. This class parallels the Tiny Twister class with skills being taught at a progressively higher level of difficulty. Students will earn skill ribbons.

**DUENASTICS (DN) - Boys 4 yrs.-Kindergarten, 55 min. - \$62/Month:** Boys' gymnastics program teaching Twister and Cyclone skills and skills utilizing boys' apparatus. Muscular endurance, strength, flexibility, coordination and balance training is also included. Students will earn skill ribbons.

**BOUNCE & BUBBLES (BB) - 4yrs.-Kindergarten, 90 min - \$85/Month:** A class designed to utilize the pool and gym (45 min. each). Swimmers will work on Levels I-IV skills (according to age and ability) each week, followed by aerobic exercise, then water exploration time. Gymnasts will participate in a specific skill clinic (according to age and ability) each week, followed by a circuit utilizing all the apparatus, then fun-time. Children will earn skill ribbons in the gym and level certificates in the pool. Children should wear their swim suit under their clothing and bring a towel.

**All gymnasts attending class the month of May will be invited to perform in an Open House Production to be held May 19-20. (There are no additional charges to attend the show.)**

**OFFICE HOURS**

Monday-Thursday 9 a.m.-2 p.m. & 3:45-7:15 p.m.  
Monday - Thursday 3:45 p.m.- 7:15 p.m.  
Friday 9 a.m. - 1:30 p.m. & 4:45-7 p.m.  
Saturday 9 a.m.-1:30 p.m.

**FOR ACTIVITIES OPEN TO THE PUBLIC VISIT [www.kidsbodyshop.com](http://www.kidsbodyshop.com)**

**FORMER STUDENTS (Did not attend Summer 2017):**Payment for classes and fees due must be sent with registrations. Your student registration fees are due one (1) year from the date you began classes. Please call the office if you are unsure about the renewal date for your child(ren)'s student registration fee.

**NEW STUDENTS:** Payment for the first month's classes and the annual gym registrationfee of \$30/student must accompany your registration.

**KIDSGYMNASTICS REGISTRATION -THROUGH MAY 21.**You must notify our office before the monthly tuition is due if you wish to terminate your enrollment before May, 2018. 2nd and subsequent child(ren) receive a \$5 discount per student/month.

PARENT FIRST \_\_\_\_\_ LAST \_\_\_\_\_

CELL \_\_\_\_\_ MOM/DADHOME \_\_\_\_\_ WORK \_\_\_\_\_ MOM/DAD \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ Texting on cell Y N \_\_\_\_\_

Note your child(ren)'s medical/behavior problems or fears which we should be aware of? \_\_\_\_\_

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**Due to insurance regulations, every person entering the main facility must read the following waiver and sign below as an acknowledgement that he/she understands the following agreement:**

I acknowledge that by participating in the gym or pool activities and/or by moving around in the gym or pool, with its equipment and possible uneven surfaces, there is a risk of injury. I acknowledge that I accept the risk and waive the option to sue should I, or any minors I am responsible for, incur an injury. By waiving the option to sue, I also thereby release **KIDS body shop and Omega**, its agents and employees, from liability for such injury.

\_\_\_\_\_

Parent/Guardian 's Signature

<p><b>Student 1:</b></p> <p>First _____ Last _____</p> <p>Birth Date _____ Age _ Gender M/F</p> <p>Class Day &amp; Time _____</p> <p>Circle Level Fraction Twister Cyclone DN B&amp;B</p> <p>PreviousKiDS Student? <input type="checkbox"/> Yes <input type="checkbox"/> No Summer 2017 gym or swim student? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Student 2:</b></p> <p>First _____ Last _____</p> <p>Birth Date _____ Age _ Gender M/F</p> <p>Class Day &amp; Time _____</p> <p>Circle Level Fraction Twister Cyclone DN B&amp;B</p> <p>PreviousKiDS Student? <input type="checkbox"/> Yes <input type="checkbox"/> No Summer 2017 gym or swim student? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p>Start Date: _____</p> <p>Class Fee(s) Due:</p> <p>Student 1 Fee \$ _____</p> <p>Student 2 Fee (Less \$5) \$ _____</p> <p><b>Total Class Fee</b> \$ _____</p> <p>Annual Registration Fee: \$30/Student/Year:</p> <p><b>Student 1:</b> \$ _____</p> <p><b>Student 2:</b> \$ _____</p> <p><b>TOTAL AMOUNT DUE</b> \$ _____</p> <p><b>Checks payable to KIDS (Credit/Debit Cards Not YetAccepted)</b> <b>Mail to: 1217-19 North Monroe Papillion, NE 68046</b></p>
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**OFFICE USE ONLY:**  
Date Rec'd: \_\_\_\_\_ Init: \_\_\_\_\_ Mail/Person/Box Code: \_\_\_\_\_ / \_\_\_\_\_ Roster  WL  SS