



1219 North Monroe \* Papillion, Nebraska 68046 \* 402.339.4009 \* [www.kidsbodyshop.com](http://www.kidsbodyshop.com)

**ACTIVITIES OPEN TO THE PUBLIC: Only Cash or Checks Accepted. Check our website for holiday closings**

Adult (18+ Yrs.) Must Be In Water With Each Child Under 3 Yrs.

You & ME KiD SWIM - Wed., 10:45 am-12:15 pm (Thru May 16)

\$3/Person; \$1/Infant Under 1 yr. - Parent Supervised

Open Gym And Family Fun Night Is Parent And Staff Supervised - Maximum Entry Of 3 Children Per Adult.

OPEN GYM & FAMILY FUN NIGHT ARE FOR CHILDREN 6 YEARS & YOUNGER

OPEN GYM - THURS. & FRI., 10:30 am-12:00 pm (Thru Thurs., May 10):

Current KiDS Student \$4/child Non-Student \$6/child Adults/Infants under 1 year \$2/adult/child

FAMILY FUN NIGHT - FRI, 7:30-9:00 pm (Sept. 8 thru May 11)

Current KiDS Student: \$5/child Non-Students: \$8/child Adults/Infants under 1 year; \$2/adult/child

BIRTHDAY PARTIES & FIELD TRIPS: Call or check our website for details.

### VERY IMPORTANT DATES

- Oct. 9 Columbus Day - All classes held as usual.
- Oct. 9-14 Parent Participation/Gym Classes
- Oct. 16-21 Gymnastics Skill Checking
- Oct. 19 Cookie Order Delivery, 4:00-6:00 pm
- Oct. 24-26, 28 & 30 New Swim Sessions Begin
- Oct. 24-30 Gymnastics Halloween Parties Don't forget your treats.
- Oct. 31 KiDS body shop CLOSED. Have a fun and safe Halloween.

### GYMNASTICS SKILL CHECKING

Skill checking will begin this month in all Twister, Cyclone, Dudenastic and Bounce & Bubbles classes. Instructors will check students on their individual skills for the ribbon incentive program described in your welcome packet. As much as we all love to encourage, it gives your gymnast the best shot at success during progress check week if you remain seated in the lobby as they try their hardest to focus on their skills. Standing at the window/door can distract your young gymnast and give a false indication of their real progress. Students will only receive a ribbon when they have successfully mastered 10 skills. Ribbons will be handed out the following week at the front counter.

### PARENT PARTICIPATION WEEK

This is a special week when we invite parents to join their child(ren) in the gym. The equipment will be set up in a circuit and parents will walk around with their child(ren) to see all the new skills they have learned. Since this is a special time for gymnasts, this activity is **limited to STUDENTS IN CLASS AND THEIR PARENTS ONLY (or guardian 18 yrs. or older)**. If a parent is unable to participate, the instructors will have your child partner up with another child or family. Sorry, instructors will not be able to fill in for a parent.



### Gymnastics Fees Due

- Oct. 1-24 Early Bird Discount for November in Effect
- Oct. 25 Regular Fees for November due
- Nov. 1 Late Fees for November in Effect

*If you would like to mail your payment, we will accept the postmarked date as your date of payment.*

## HALLOWEEN PARTY

Parties will be held **Tuesday, October 24 - Monday, October 30**. Students may wear a costume to class as long as it does not interfere with their ability to practice their gymnastics skills. We are asking a maximum of 4 parents per class to sign up to bring healthy treats and drinks (homemade or store bought). Some suggested treats are:



**Yogurt, cheese, popcorn, meat sticks, applesauce, fruit, granola bars, veggies, water/juice, etc.**

A sign-up sheet will be located at the front desk and the number of students per class will be listed by the class time. **Please be sure to bring enough of the same treats for all the students.** Instructors will reserve time toward the end of class for students to enjoy the treats. If your child has any type of food allergy, the instructor(s) will ask you to inspect your child's treats before class.

**Cookie Dough Delivery: October 19th, 4-6 pm  
Omega Gymnastics (West Side of Building)**

