



# GYMNASTICS Through May, 2012

Gymnastics Classes for Young Children

1219 North Monroe, Papillion, NE 68046

TEL: 402.339.4009 [www.kidsbodyshop.com](http://www.kidsbodyshop.com)

FOR ACTIVITIES OPEN TO THE PUBLIC  
VISIT OUR WEB SITE

NEW REGISTRATIONS WILL BE ACCEPTED AT ANY TIME, SPACE PERMITTING

“-----” Indicates Class Is Full For That Level – Please call our office if you would like to be put on a waiting list for any class that is full.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
9:30 FA	9:15 FA	9:15 FA	9:00 TT/CY	9:05 FA
10:30 TT/CY	10:15 TT/CY	10:30 FA		10:00 TT/CY
	11:15 TT			11:00 TT/CY
		12:30 TT/CY		11:30 BB
	4:00 TT/CY	4:00 TT/CY		
5:00 DN	5:00 TT/CY	5:00 CY	5:00 TT/CY	
6:10 FA	6:00 TT	6:00 DN	6:00 TT/CY	
7:05 TT/CY	7:00 TT/CY	7:10 FA	7:00 TT/CY	

Regular Monthly Fees	SAVE \$\$\$ Discounted <u>payments received by the 24<sup>th</sup></u> of the month for the upcoming month.		
	1 mo. pmt.	2 mo. pmt.	3 mo. pmt.
FA-\$41	\$39	\$76	\$111
TT/CY/DN-\$47	\$45	\$88	\$129
BB-\$66	\$64	\$126	\$186

A 2<sup>nd</sup> child and subsequent children also in gymnastics classes receive a \$5/student discount/month. Family discounts do not apply if you have one child swimming and one in gymnastics. Tuition for less than a full month does not qualify for the family discount.

OPEN GYM - TUESDAYS, 12:30-2:00 PM  
YOU & ME KID SWIM – WEDNESDAYS & THURSDAYS, 11:30 AM-1:30 PM  
FAMILY FUN NIGHT - FRIDAYS, 7:30-9:00 PM  
VISIT OUR WEB SITE FOR PRICING & OTHER INFORMATION

**FRACTIONS-IN-ACTION (FA) - 18-36 mos.; 40 min. - \$41/Month:** This program is directed at toddlers who come into our gym with Mom or Dad for fun-filled activities each week. This time is designed especially for you and your child. All siblings must view class from our lobby area (with the exception of an infant in a back pack or infant seat).

**CHILDREN MUST BE FULLY POTTY-TRAINED TO ENTER THE FOLLOWING CLASSES:**

**TINY TWISTERS (TT) - 3 & 4 yrs.; 55 min. - \$47/Month:** Students meet once a week for 55 minutes. The class is designed to introduce young gymnasts to stretching and aerobic exercises, the safe use of all gymnastics equipment and the fundamentals of basic gymnastics skills. These children are taught flexibility and motor skills. Since they are mixed classes of both boys and girls, they will be exposed to all the various apparatus in the gym. If you have a child turning 5 years old **before** November 2011, please register for a Cyclone class. Students will earn skill ribbons.

**CYCLONES (CY) - 5 yrs.-Kindergarten, 55 min. - \$47/Month:** Cyclones meet once a week for 55 minutes. This class parallels the Tiny Twister class with skills being taught at a progressively higher level of difficulty. Students will earn skill ribbons.

**DUDENASTICS (DN) - Boys 4 yrs.-Kindergarten, 55 min. - \$47/Month:** Boys' gymnastics program teaching TumbleKiDS tumbling skills and skills utilizing boys' apparatus. Muscular endurance, strength, flexibility, coordination and balance training is also included. Students will earn skill ribbons.

**BOUNCE & BUBBLES (BB) - 4-8 yrs., 90 min - \$66/Month:** A class designed to utilize the pool and gym (45 min. each). Swimmers will work on Red Cross Levels I-IV skills (according to age and ability) each week, followed by aerobic exercise, then water exploration time. Gymnasts will work on skills (according to age and ability) each week, followed by a circuit utilizing all the apparatus, then fun-time. Children will now earn skill ribbons in the gym and Red Cross cards in the pool. Children should wear their swim suit under their clothing and bring a towel.

**OFFICE HOURS AUGUST 29 - MAY 19**

Monday - Thursday 9:00 a.m. - 7:00 p.m.  
Friday 9:00 a.m. - 2:00 p.m.  
Saturday 9:00 a.m. - 12:00 noon

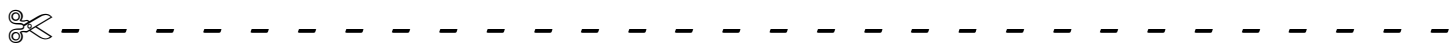
All gymnasts attending class the month of May will be invited to perform in an Open House Production to be held May 19 & 20. (There are no additional charges to attend the show.)

**REGISTRATION PREFERENCE:** Summer 2011 students will be given preference through August 1. All other students will be assigned to class August 2. Registrations received will be dated and available spots filled in the order in which they were received. Your student registration and insurance fees (**required**) are due one (1) year from the date you began classes. If you are unsure about the renewal date for your student registration and insurance, call the office, **402.339.4009**.

**PAYMENT PROCEDURE:** Fees are payable (**CASH OR CHECK ONLY**) on a monthly basis and are due by the end of the month for the upcoming month (Example: October fees due September 30). **CLASS FEES PAID ON THE 1<sup>st</sup> OF THE MONTH OR LATER WILL BE CHARGED AN ADDITIONAL \$5 PER FAMILY.** Fees may be mailed or deposited in the payment box located in the lobby. Fees remain the same each month regardless of the number of lessons (school year averages 4 classes/month). **REFUND POLICY - A \$5 processing fee per child will be deducted from any refund. However, no refunds will be given once the classes you have registered for have started. Insurance and registration fees are non-refundable.**

**MAKE-UP CLASSES:** We offer make-up classes as a courtesy to our customers. **You must notify the office, 402.339.4009, at least 2 hours in advance of your child's absence from class in order to be eligible for a make-up class. Notices via e-mail at [kidsbodyshop.com](http://kidsbodyshop.com) must be posted a minimum of 24 hours prior to your absence.** It is also necessary to call the office to schedule a make-up class so that we do not overload a class. Make-up classes should be completed within 2 weeks of the absence. Make-ups are scheduled on an availability basis to current students only, are not guaranteed, and may not be rescheduled. Credits will only be given for lengthy illnesses or injuries and pro-rated fees are based on a 4-week month.

**TERMINATION OF CLASSES:** This class schedule runs from August 29 through May 19. For your convenience, once your child is registered in gymnastics classes, that spot will be reserved for him/her each month through May. You need only pay for your classes one month at a time and you may discontinue classes at any time. **However, you must notify the office of your termination with either a phone call, 402.339.4009, during regular office hours or you may leave a note in the class fee deposit box. You are responsible for tuition incurred through date of notification. Any and all termination notices made through e-mails on our web site ([kidsbodyshop.com](http://kidsbodyshop.com)) must be posted prior to the 1st of the month.**



**KIDS GYMNASTICS REGISTRATION - AUGUST 29 - MAY 19. You must notify our office before the monthly tuition is due if you wish to terminate your enrollment before May, 2012.**

**\*NEW REGISTRATIONS WILL BE ACCEPTED AT ANY TIME, CLASS SPACE PERMITTING**

PARENT LAST _____	FIRST _____
ADDRESS _____	E-MAIL _____
CITY _____ ZIP _____	PHONE: DAY _____ MOM/DAD _____
NIGHT _____	CELL _____ MOM/DAD _____
Note your child(ren)'s medical/behavior problems or fears which we should be aware of? _____	
<b>Due to insurance regulations, every person entering the main facility must read the following waiver and sign below as an acknowledgement that he/she understands the following agreement:</b>	
I acknowledge that by participating in the gym activities and/or by moving around in the gym, with its equipment and possible uneven surfaces, there is a risk of injury. I acknowledge that I accept the risk and <u>waive the option to sue</u> should I, or any minors I am responsible for, incur an injury. By waiving the option to sue, I also thereby release <b>KIDS body shop</b> , and its agents and employees, from liability for such injury.	
_____ Parent/Guardian's Signature	

<p><b>Student 1:</b> Last _____ First _____</p> <p>Birth Date: _____ Age ____ Sex: M/F _____</p> <p>CLASS CHOICE (Day &amp; Time) _____</p> <p>Circle Level:      Fraction      Twister      Cyclone      DN      B&amp;B</p> <p>Check (✓): Summer '11 <i>KIDS</i> gym/swim student? <input type="checkbox"/> Former? <input type="checkbox"/> New? <input type="checkbox"/></p> <p><b>Student 2:</b> Last _____ First _____</p> <p>Birth Date: _____ Age ____ Sex: M/F _____</p> <p>CLASS CHOICE (Day &amp; Time) _____</p> <p>Circle Level:      Fraction      Twister      Cyclone      DN      B&amp;B</p> <p>Check (✓): Summer '11 <i>KIDS</i> gym/swim student? <input type="checkbox"/> Former? <input type="checkbox"/> New? <input type="checkbox"/></p>	<p style="text-align: right;">Start Date: _____</p> <p>Class Fee(s) Due: Student 1 Fee                      \$ _____</p> <p>Student 2 Fee (Less \$5)        _____</p> <p style="text-align: right;"><b>Total Class Fee</b>                      _____</p> <p>Annual Registration Fee (\$20/Family/Year)                      _____</p> <p>Annual Insurance Fee: <b>(MANDATORY)</b> (\$150,000 Excess Medical., \$250 Deductible) \$6/Student/Year 6 &amp; younger                      _____</p> <p>\$8/Student/Year 7 &amp; older                      _____</p> <p style="text-align: right;"><b>TOTAL AMOUNT DUE</b>      \$      _____</p> <p style="text-align: center;"><b>Checks payable to: <i>KIDS body shop</i></b> <b>(No Credit/Debit Cards Accepted)</b></p> <p><b>Mail to: 1219 North Monroe - Papillion, NE 68046</b></p>
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<b>OFFICE USE ONLY:</b>			
Date Rec'd: _____	Mail/Person/Box	Code: _____	Roster <input type="checkbox"/> WL <input type="checkbox"/> SS <input type="checkbox"/>