



1217-19 North Monroe, Papillion, NE 68046  
TEL: 402.339.4009

# SCHOOL-YEAR GYMNASTICS Through May 21, 2019

Gymnastics Classes for Young Children

[www.kidsbodyshop.com](http://www.kidsbodyshop.com)

" **FA** " Indicates class is currently full - Please call if you wish to be put on a waiting list.

MON.	TUES.	WED.	THURS.	FRI.	SAT.
9:30 CY	9:15 FA	9:15 T1,T2	9:15 T1T2	9:15 T1T2	9:05 FA
10:30 T1,T2	10:15 T1T2	10:30 FA	10:30-12:00 Open Gym	10:30-12:00 Open Gym	10:00 T1,T2 CY
					11:00 T1,T2 CY
					12:00 DN
					12:30 BB
4:30 HURR*	4:00 ADN*	4:00 T1,T2/CY	4:00 BB	4:00 T1/CY	
	5:00 DN	5:00 CY	5:00 T1,T2	5:00 T1,T2/CY	
6:10 FA	6:00 T1,T2	6:00 T1,T2/CY	6:00 DN	6:00 T1,T2	
7:05 T1,T2/CY	7:00 T1,T2 CY	7:10 FA	7:00 T1,T2/CY		

Regular Monthly Fees	SAVE \$\$\$ Discounted <u>payments received by the 24<sup>th</sup></u> of the month for the upcoming month.		
	1 mo. pmt.	2 mo. pmt.	3 mo. pmt.
FA-\$59	\$57	\$112	\$165
T/CY/DN/TK-\$65	\$63	\$124	\$183
BB/HURR/ADN-\$87	\$85	\$168	\$249

A 2<sup>nd</sup> child and subsequent children also in gymnastics or swimming classes receive a \$5/student discount/month. Tuition for less than a full month does not qualify for the multiple student discount.

### THE FOLLOWING CLASSES MEET 1x/WK

ALL STUDENTS ENROLLED IN MAY WILL BE INVITED TO PERFORM IN OUR OPEN HOUSE PRODUCTION ON MAY 19 & 20.

#### FRACTIONS-IN-ACTION (FA) - 18-36 mos. - 40 min.

Toddlers come into our gym with Mom or Dad for fun-filled activities each week. This time is designed especially for you and your child. All siblings must view class from our lobby area (with the exception of an infant in a carrier or infant seat).

#### CHILDREN MUST BE FULLY POTTY-TRAINED TO ENTER THE FOLLOWING CLASSES

#### SKILL RIBBONS WILL BE EARNED IN THE CLASSES LISTED BELOW

#### TWISTERS (T 1 & 2) - Girls & Boys 3 yrs.- Kindergarten - 55 min.

**T1:** A beginner class that is designed to introduce gymnasts to stretching, muscle strength, conditioning, basic gymnastics skills, the safe use of gymnastics equipment, and proper fundamentals of gymnastics skill execution. **T2** for students who have mastered **T1** skills through teacher evaluation.

#### CYCLONES (CY)

##### Girls & Boys 3 yrs.-Kindergarten - 55 min.

For students that have demonstrated, through teacher evaluation, proficiency at the Twisters skill level. This class further develops students' fundamentals, execution, and skill level.

#### DUENASTICS (DN)

##### Boys 4 yrs.-Kindergarten - 55 min.

For students that have demonstrated, through teacher evaluation, proficiency at the Twisters skill level. This class will focus more on boy's gym apparatus.

#### BOUNCE & BUBBLES (BB)

##### Girls & Boys 3 yrs.-Kindergarten - 85 min.

##### (30 min. Pool & 55 min. Gym)

A combination class designed to utilize the pool and gym. Gymnasts will follow lesson plans according to their skill level. Swimmers work on Level I & II skills. Children should wear their swim suit under their clothing and bring a towel.

#### HURRICANES (HURR)

##### Girls 3 yrs.-Kindergarten - 90 min.

A challenging **invitation only** class. Instructors evaluate students regularly and will extend invitations to this class whenever a student exhibits mastery of prerequisite skills, motivation, and maturity.

#### ADVANCED DUENASTICS (ADN)

##### Boys 4 yrs.-Kindergarten -90 min.

A challenging **invitation only** class. Instructors evaluate students regularly and will extend invitations to this class whenever a student exhibits mastery of prerequisite skills, motivation, and maturity.

#### TUMBLEKIDS(TK)

##### Girls & Boys 4 yrs.-Kindergarten - 55 min.

A class focused on basic tumbling and proper utilization of the trampoline, tumble trak and spring floor. A good fit for students who may not desire the full spectrum of gymnastics drills and skills. This class can also be used as a supplement to other gymnastics training for students that would like to strengthen their tumbling skills.

**YOU & ME KID SWIM –MONDAYS & TUESDAYS 11:30 AM-1 PM; WEDNESDAYS 10:30 AM-1:00 PM & FRIDAYS, 9:30 AM-12:00 PM**  
**OPEN GYM - THURSDAYS & FRIDAYS 10:30 AM-12:00 PM**  
**FAMILY FUN NIGHT - FRIDAYS, 7:30-9:00 PM**  
 THESE ACTIVITIES ARE SUBJECT TO CHANGE.  
**VISIT OUR WEBSITE FOR DATES, PRICING, CLOSINGS & RESTRICTIONS**

**OFFICE HOURS (Effective July 30)**  
 Monday: 9:15 a.m.-1:30 p.m. & 4:45-7:15 p.m.  
 Tuesday - Thursday: 9 a.m.-1:30 p.m. & 3:45-7:15 p.m.  
 Friday: 9:00 a.m.-1:30 p.m. & 3:45-6:00 p.m.  
 Saturday: 8:45 a.m.-1:15 p.m.

**FOR OTHER ACTIVITIES OPEN TO THE PUBLIC VISIT [www.kidsbodyshop.com](http://www.kidsbodyshop.com)**

Payment for the first month's class and the annual gym registration fee of \$30/student must accompany all new student registration forms. Former student's registration fees are renewable one (1) year from the date you began classes. Please call the office if you are unsure about the renewal date for your child(ren)'s student registration fee.

**KiDS GYMNASTICS REGISTRATION - JULY THRU MAY 21. You must notify our office before the monthly tuition is due if you wish to terminate your enrollment before May, 2019. 2nd and subsequent child(ren) receive a \$5 discount per student/month.**

PARENT FIRST \_\_\_\_\_ LAST \_\_\_\_\_  
 CELL \_\_\_\_\_ MOM/DAD \_\_\_\_\_ HOME \_\_\_\_\_ WORK \_\_\_\_\_ MOM/DAD \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 E-MAIL \_\_\_\_\_ Texting on cell Y N \_\_\_\_\_

Note your child(ren)'s medical/behavior problems or fears which we should be aware of? \_\_\_\_\_  
**Due to insurance regulations, every person entering the main facility must read the following waiver and sign below as an acknowledgement that he/she understands the following agreement:**  
 I acknowledge that by participating in the gym or pool activities and/or by moving around in the gym or pool, with its equipment and possible uneven surfaces, there is a risk of injury. I acknowledge that I accept the risk and waive the option to sue should I, or any minors I am responsible for, incur an injury. By waiving the option to sue, I also thereby release **KiDS body shop (KiDS) and Omaha Gymnastics Academy (OGA)**, its agents and employees, from liability for such injury.

\_\_\_\_\_  
 Parent/Guardian's Signature

<p><b>Student 1:</b>                  First _____ Last _____                  Birth Date _____ Age _____ Gender M/F _____                  Class Day &amp; Time _____                  Circle Level: FA T1 T2 CY HURR DN ADV-DN B&amp;B                  Previous KiDS Student? <input type="checkbox"/> Yes <input type="checkbox"/> No Summer 2018 gym or swim student? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Student 2:</b>                  First _____ Last _____                  Birth Date _____ Age _____ Gender M/F _____                  Class Day &amp; Time _____                  Circle Level: FA T1 T2 CY HURR DN ADV-DN B&amp;B                  Previous KiDS Student? <input type="checkbox"/> Yes <input type="checkbox"/> No Summer 2018 gym or swim student? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p style="text-align: right;">Start Date: _____</p> <p>Class Fee(s) Due:                  Student 1 Fee \$ _____                  Student 2 Fee (Less \$5) \$ _____  <b>Total Class Fee</b> \$ _____                  Annual Registration Fee: \$30/Student/Year:  <b>Student 1:</b> \$ _____  <b>Student 2:</b> \$ _____    <b>TOTAL AMOUNT DUE</b> \$ _____</p> <p style="text-align: center;"><b>Checks payable to KIDS</b>  <b>(Cash &amp; Credit Card payments accepted at front desk)</b>                  Mail to: 1217-19 North Monroe                  Papillion, NE 68046</p>
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**OFFICE USE ONLY:**  
 Date Rec'd: \_\_\_\_\_ Init. \_\_\_\_\_ Mail/Person/Box Code: \_\_\_\_\_ / \_\_\_\_\_ Roster  WL  SS