

POWERBOATS (LEVEL 4, plus teacher recommendation) - 45 min.:

Powerboats is our most advanced water safety class for students who have passed Levels 1, 2, & 3. Students continue to refine their free style stroke with rhythmic breathing, attempt a fully coordinated butterfly and are introduced to the side, breast and elementary back strokes. They also continue to work on safety skills. As appropriate, students will be tested for certification at Level 4.